

# Annual UNT Harp Masterclass with Alexander Technique

Dr. Jaymee J Haefner & Phyllis Richmond, M.A., MSTAT

## Saturday June 6, 2009

In addition to the harp masterclass taught by Dr. Jaymee Haefner, participants will also have the opportunity to experience the Alexander Technique in a workshop setting, taught by Phyllis Richmond, M.A., MSTAT. Ms. Richmond will introduce the principles and practices of the Alexander Technique that enable musicians to stop creating unnecessary tension and effort; improve posture, coordination, and breathing; and perform with increased comfort and ease by using the whole body in a new way.

### **Sessions A 11am-1pm:**

- Harp Masterclass, UNT College of Music Recital Hall
- Alexander Techniques Workshop, UNT College of Music Floyd Graham Green Room

### **Sessions B 2pm-4pm:**

- Harp Masterclass, UNT College of Music Recital Hall
- Alexander Techniques Workshop, UNT College of Music Floyd Graham Green Room

### **Session C 6pm-8pm:**

- Combined Harp Masterclass and Alexander Techniques Masterclass

**Note:** Performers of all ages and levels, beginner through advanced, are encouraged to participate in this event. Parents of enrolled participants are admitted at no cost. Benefit from session C is maximized by participation in sessions A and B.

### **Cost:**

\$50/Participant - all three Sessions A, B, and C

\$20/Participant - one Session either A or B

(includes auditor admission to any other sessions at no cost)

\$20/Auditor for all three sessions (full day pass)

**To Register:** please email Dr. Haefner ([jaymee.haefner@unt.edu](mailto:jaymee.haefner@unt.edu)) indicating the Session(s) in which you would like to reserve your space as a participant or auditor. Payment will be collected the day of the masterclass.

**For More Information:**  
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